

Cherri Wellner's Pre-K Schedule

9:30 Arrival time

9:30-9:45 am Circle Time

9:45 Have children line up according to shirt color for movement.

9:50 - 10:10 am Movement

10:10-10:15 am Restroom and water breaks

10:15-10:35 Stretch and Kick for Math and Letter Enhancement

10:35- 11:00 Name writing and craft time.

11:00 Hand washing, restroom breaks

11:05 - 11:25 Lunch

11:25 Table washing, clean up time -

- 1 Play white tape with * Clean up SONG "We're cleaning it up" "we're picking it up"

11:30-12:30 Center time/Structured play/ Small Group instruction

12:30- 12:45 Group time activity. (Language/ literary development)

12:45-1:05 Recess

1:05-1:10 Hand washing, restroom breaks.

1:10 Snack time set up. (Counting skills)

1:12 Snack time and Bible story

1:30 Clean up time and prepare to leave at 1:30

How to Do Cherri Wellner's Pre-K Schedule

9:30 Arrival time: Children will locate character and clip on the "I am her today" attendance string (clothes pin has child's name written on it)

9:30-9:45 am Circle Time.

(Calendar located on easel, Velcro #'s, signs, and months should be in easel tray. Prepare #'s before children arrive, as I do let them use this throughout the day they all get a turn during center time to match the numbers).

Upon arrival I have children find their name in circle time chair. (Use laminated hands found in stacking rack by stereo. Place one hand in each chair names facing upward).

1. Sing "I'm So Glad You're Here Today"
2. Ask who knows what today is? Sing "Days of the Week"- to tune from "The Munster's".
3. Have calendar helper place correct signs on day "Today is, Tomorrow will be, Yesterday was" put up # for today's date only.
4. Read **short** story that has theme built in or letter we will be working on that day. **OR** announce plan for the day- what we will do first, next, and last.
5. Announce who the helpers will be for the day.
6. Say pledge.

9:45 Have children line up according to shirt color for movement.

9:50 - 10:10 am Movement

Children participate in movement activity such as riding bikes.

10:10-10:15 am Restroom and water breaks

Allow children to use bathroom, wash hands, and get drinks of water.

10:15-10:35 Stretch and Kick for Math and Letter Enhancement

Have children wind down from biking activity by having children kick balls into soccer goals with the letter of the day attached inside for target. One ball per child, (targets are large orange box in my room, 3 soccer balls are inside); children can kick three at a time. (This is done in field beside the playground, weather permitting.)

- 1 After 7- 10 minutes of kicking, inside for drinks and stretches.
- 2 If weather is too cold or wet— Go back to circle time rug in class room.

*white tape on bottom of black rack by stereo- put in "Clap your hands for Jesus tape" it will bring children to circle time rug- do motions to song and sing.(Clap hands, stomp, pat your head, shout, spin around)

After song is over, turn off tape, do the following: Hold up # card of your choice to show children before each exercise- laminated cards in black stacker)

- 1 Do Jumping jacks - (i.e. hold up card with # 20) count out loud as each jumping jack is done (pick 10-20)
- 2 push ups -5
- 3 Butterfly stretches (sit with feet together, pulled in to center, knees out, flap knees like butterfly wings. Tell children to use their imagination to " Fly around the world", lower chest and head forward to duck and bob out of the way "for trees, planes, etc"- for forward stretch—lean left or right for turns- ask children where would they like to fly.
- 1 Stretching exercises: Time to make the (letter of the week food item) i.e. pizza, cookies or doughnuts! Roll out the dough- bend down to touch toes 10 times.
- 2 Stretch out the dough--Standing up like tall trees and sway arms to left and right 10 times. Children will be counting with teacher as each stretching movement is done, counting out loud.
- 3 Then some simple yoga stretches that incorporate balance and deep breathing to calm children. (i.e. stand on one leg with arms out to side, then lean forward with leg extended back) Count out loud as you tell children and show them breath in 1,2,3,4, and exhale 1,2,3,4.

10:35- 11:00 Name writing and craft time.

1. Children will find name tag on table and copy to name writing sheet. Write numbers they can on apple sheet trace numbers on number sheet/ write name on all projects and papers.
2. Children will make a craft that relates to letter of the week. Example children will color in or stamp a large letter "s" on paper or cut out shapes to make a paper pizza.
3. Clean up time will be announced at 10:55 play clean up song on tape. Set timer that beeps to signal end time at 11:00.

11:00 Hand washing, restroom breaks

11:05 - 11:25 Lunch

11:25 Table washing, clean up time -

- 2 Play white tape with * Clean up SONG "We're cleaning it up" "we're picking it up"

11:30-12:30 Center time/Structured play/ Small Group instruction

Children will choose centers to play in with their designated play team. At 10 minute intervals children will be given choice to clean up and switch from centers to small group or structured play. Specified # of children allowed in center at a time 3-4 max.

3 Centers:

1. Kitchen/ Store area
2. Blocks- may be moved onto carpet
3. Puzzles
4. Barbie's- may play on carpet or in book nook area
5. Make Believe center is folded- open for center time, contains animals, small people etc.
- 4 **Structured play-Sorting:** includes sorting activity placed on table sorting cases include sorting small, medium large; sorting by color, sorting by classification or function.
- 5 **Calendar** -Match #'s 1-31 places in correct square.
- 6 **Small group:** Children's play teams will be called to table to work with teacher. Children will work on matching skills for letter and number recognition in the form of worksheets; circle the _____, put an x through the _____, and playing a card or folder game. (Children allowed to use bathroom as needed)

12:30- 12:45 Group time activity. (Language/ literary development)

Example: Felt board story time; Sing ABC's in different voices; Play "Step on it" (numbers and letters placed on floor children march around in circle to music, when music stops children step on a number) or clapping, snapping rhythm type song with say and do actions, such as BINGO then play picture bingo. Activity can vary.

12:45-1:05 Recess

1:05-1:10 Hand washing, restroom breaks.

1:10 Snack time set up. (Counting skills)

Children will count out number of cups, plates, napkins, and place mats needed for entire group. (This will help increase one to one comparison as children count to ten counting each plate, cup, and napkin.) Set table, children will learn middle, left, right, top and other directional words as they set their own individual place by following directions given by teacher and table helpers. Place plate in middle of placemat, cup to the top right, etc. Snack time helpers pass out snacks and drinks.

1:15 Snack time and Bible story

While children eat snack, a story will be read to them and we will discuss and recap our day.

1:28 Clean up time and prepare to leave at 1:30